

SPORTS SCIENCE AND PHYSIOTHERAPY CLINIC PVT. LTD.

"I have been very impressed by her diagnosis and the quality of the treatment that I have received from her and the other physiotherapists in her group"

Sachin Tendulkar

• www.prakrutihealth.com/blogs

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Physiotherapy and Pain Management Prevention, Treatment and Rehabilitation of Sports Injuries Diet Therapy, Weight Management, Sports Nutrition Prevention and Management of Lifestyle Diseases Preoperative and Post-operative management of Joint Replacements and all orthopaedic surgeries Fitness Testing and Exercise Prescription of all age groups Prenatal and Postnatal Exercise Packages

At Prakruti, your best interest is our top priority: We will help you achieve the goals you set; and focus on your long term health.

You will find a positive and energizing atmosphere at each clinic location. Our staff is specially trained and mirrors our zeal: no one can escape the feeling of well-being that we promote.

You will benefit from our experience of over 24 years, and our integrated approach to health.

Your time is important to us: We will make the most of every minute you spend with us, and when we cannot help you, we will refer you to the correct specialty at the earliest.

